

2021



WARRNAMBOOL COLLEGE NEWSLETTER

Persistence, Resilience & Mutual Respect

/ EDITION 2



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PRINCIPAL MESSAGE

Wow – what a term! I’m constantly amazed as to how much we can fit into 50 days of learning and the past 10 weeks are no exception. Minus three days of lockdown back in mid-February, this is the first term we’ve had of uninterrupted learning endeavours since term 4 of 2019. It’s been fantastic to make the most of the beautiful summer and spring weather, to finally be able to see each other’s faces without masks on, and to focus on face-to-face learning in our classrooms (and beyond). Swimming sports, athletic sports, the starting up of various academies, year 7 & 8 camp programs, various classroom excursions and of course constant learning in classrooms — it’s all been happening in term 1.

Over the past two weeks, I’ve had the privilege of being involved in our year 7 camp program and hosting hundreds of prospective parents and students at Warrnambool College during our open night. Last year we had to cancel both of these important events in our school calendar, so it had an extra sense of purpose when both were able to go ahead in 2021.

continued overleaf...

EVERY WARRNAMBOOL STUDENT THRIVES



The year 7 camp experience is so important for our newest students to be part of, as they have the chance to meet new friends and get to know staff at the school outside of a classroom environment. There's also a bunch of very fun activities to get involved in – I enjoyed conquering my fears on the high ropes and joining in on the canoeing adventures with my group of excitable year 7s!

The open night this week was a fantastic opportunity to once again show our school off to the wider Warrnambool community. The last time we were able to do this was two years ago – a lot has changed in terms of our school facilities in the interim. The feedback from parents who attended the night was extremely positive and is testament to all the hard work that our staff and students put in to make the night such a success. You may find that prospective parents are asking you about Warrnambool College in the coming month and I hope that you will be able to reflect positively on the learning experiences that we've offered to your children.

As we head into the Easter long weekend, many of us are feeling tired and perhaps even a little overwhelmed. I know that I'm very much looking forward to putting my feet up and enjoying some quiet time with family over the school break. I hope that you're also able to prioritise some time together as a family and recharge your batteries prior to the start of term 2.

Kind Regards,

Dave Clift - Principal



Dan Lee

PARENT/STUDENT/ TEACHER CONFERENCES

Parent Student Teacher Conferences are being held twice next term. The first is **April 28th**, these will be face to face at Warrnambool College.

The second session will be held on **May 11th** via Webex. Bookings will be on Compass. These conferences are a great opportunity to receive feedback from teachers and discuss your child(ren)'s progress.

PARENT SUPPORT WITH UNIFORM

We have a very flexible uniform policy designed for practicality and comfort. When students are out of uniform it creates unnecessary conflict with staff, and staff would much rather be focussing on positive interactions with students. We would appreciate it if all parents could ensure that students are in full school uniform every day. Skins, hoodies, and black shorts and pants are not acceptable.

MOBILE PHONE USE AT SCHOOL

A reminder to all families that the ministerial order from the state government prohibits students using mobile phones at school during school hours, unless they have sought an exemption on medical grounds.

For Warrnambool College, this means that students must store their mobile phones in their locked lockers from 9am until 3:25pm.

Students are not to use their mobile phones for payment of canteen items. They will need to use a card or cash instead – from the start of next term, the canteen will not be accepting payment of canteen items for students via a mobile phone. Please make sure that alternate payment arrangements are in place for your child.

PROFESSIONAL PRACTICE DAYS

The Department of Education believes the most important way to improve student outcomes is to develop and improve the skills of our teachers. As part of the Victorian Schools Agreement 2017, teachers will receive one day per term where they are out of the classroom for the day and are able to focus on improving their teaching practice. Each of your child's teachers will spend four days per year developing their skills in line with the school's priorities. On these days alternative teachers are provided with lesson plans for each lesson developed in advance by the classroom teacher.



Date	Event
Wednesday 21st April	Year 6 SEAL & SPP Info Night
Wednesday 28th April	PST Conferences Onsite
Thursday 6th May	May Races Public Holiday
Friday 7th May	Report Cycle #2 Published
Wednesday 11th May	NAPLAN Begins
Wednesday 11th May	PST Conferences on Webex
Monday 24th May	Year 9 Camps begin
Wednesday 2nd June	WD Intermediate Sports
Wednesday 9th June	GAT
Friday 11th June	Pupil Free Day
Monday 14th June	Queen's Birthday Holiday
Friday 18th June	Report Cycle #3 Published
Friday 25th June	Last Day of Term

Please also see the **School Calendar via Compass** or our Website **www.wblcoll.vic.edu.au** for updated events and dates.



Swimming SPORTS

WEDNESDAY 24 FEBRUARY

A vibrant splash of colour was on show at our Swimming Sports. With ribbons of house colours on the journey to Aquazone, through to the swimming caps streaming through the water. It was fantastic to see everyone making the effort to dress up and enjoy the friendly rivalry on the day. All students competing showed great sportsmanship and enjoyed testing themselves in both the swimming and novelty activities. A big congratulations to Belfast who were house champions.

WESTERN DISTRICT SWIMMING

Several of our students went on to compete at the Western District Swimming on Tuesday 2 March representing Warrnambool College beautifully. Best of luck to those progressing through to States being held on Thursday 22 April.





athletics CARNIVAL

TUESDAY 16 MARCH @ BRAUERENDER PARK

We were extremely fortunate to compete under clear blue skies and lovely Autumn sunshine for our recent Athletics Carnival. It was fantastic to see so much participation and effort from students in both the track and field events and the novelty events. We once again congratulate Belfast on becoming our Athletics house champions.



WESTERN DISTRICT ATHLETICS

A team of approximately 145 students competed at the Western District Athletics on Tuesday 30 March. Our students displayed determination, athleticism, resilience and fantastic sportsmanship as we took out the Senior Team Overall shield. We also had 5 age champions – Anne Davis, Stella Bridgewater, Deny Fawcett, Jesse Suter, and Jaxon Johnstone. Congratulations to all competitors and best of luck to all who progressed through to the next stage. Go Bullants!

CAMP SNAPSHOTS





BELFAST FUND-RAISER

Our Belfast Dress-up Day was an amazing day for Belfast and the Warrnambool College community! A massive thanks to our incredible Belfast families who baked so many delicious goods and to Norfolk Butchers and Norfolk Bakers Delight for donating all the meat and bread on the day. These generous donations allowed us to raise a large amount of money for our charity — Oxfam.

The overwhelming amount of delicious treats were a huge hit with the whole school enjoying chowing down on baked goods, grabbing a BBQ lunch and listening to good music with their friends and peers. Our Belfast leaders were absolutely amazing on the day – setting up, working the baked goods stall and BBQ, and cleaning up – without a single complaint or slip up. Thank you Belfast community for getting all hands on deck to raise money for those that need a hand up. Go Bulls!





YEAR 8 #thisisme

Last Tuesday an awesome group of students attended the #thisisme Day at South Rovers Football Netball Club. The day kicked off with a panel of amazing Warrnambool women talking about their identity, their role models and the challenges and successes in their lives. A huge thanks to Alicia Drew, Mel Steffensen, Grace Kenny, Alex Mawson, Alex Deal and Kate Douglas for sitting on our panel. After the panel discussion, the students unpacked some common gender stereotypes and discussed the causes and effects of these ideas. Afterwards, the students had a kick of the footy with Alicia Drew (AFL Southwest) and a yoga session with the Big Life team.

During session 3 we focused on the components of respectful relationships and the importance of consent and healthy boundaries as crucial building blocks in safe and healthy relationships. It was great to see some rich discussion happening in small groups as students tried to arrange relationship qualities such as 'trust', 'humour' and 'independence', from most to least important.

To finish off the day, we spoke about appearance ideals and appearance pressures and some strategies we can use to resist these pressures and promote body confidence. The students wrote positive affirmation and notes of self-gratitude and collaged them on a mannequin as a symbol of all the things that are "right" about us and worthy of celebration!

Danielle Gladman, Megan Twycross, Melanie Schultz
The Big Life Team





YEAR 8 Man Cave

On Friday, facilitators from The Man Cave teamed up with some of our Warrnambool College staff members to run workshops with our male-identifying year 8 students. The Man Cave focuses on emotional intelligence and male mental health, envisioning a world where every man has healthy relationships, contributes to his community, and reaches his full potential.

Using a Rites of Passage framework, the Man Cave moved our students through a process of:

- Building trust and safety within the group using games and group agreements
- Deconstructing traditional views of masculinity
- Providing opportunities for students to share their experiences and be authentic with one another
- Providing opportunities for students to reflect on their ability to make positive choices and define the person they want to become.

The attendance and participation in both days was fantastic. We would like to extend a massive thanks to all the students involved, The Man Cave for their continuing partnership with us, Russell's Creek and South Rovers football netball clubs for the venues, and all the staff and community members who supported with planning, organisation and supervision of the days.

Danielle Gladman, Megan Twycross, Melanie Schultz
The Big Life Team





10/11/12s VET REMINDERS

- Students must wear full school uniform on days when they have VET. They can then change into casual clothes for TAFE.
- Please let TAFE know if you are not going to be there for class. Their 2021 policy states if you are absent 3 times in a row, without explanation, they will look to withdraw you from your course. Teacher contacts can be found on the VET DSS website under contacts. We are also monitoring absences.
- Please check the holiday timetables on the VET DSS website to see when you are expected at TAFE vetdss.swtafe.edu.au/timetables
- The census date for enrolling and withdrawing has passed. Any withdrawals will now forgo any fees paid. Students need to see Kerry Cheeseman before doing so as it may affect their school program.

CAREERS WEBSITE

We are pleased to introduce the Warrnambool College Careers website www.wbllcollcareers.com

An invaluable resource for students and their families, the website provides information on senior school options, life post-school, information for parents, workplace learning, applying for university, scholarships and MORE! Create your own account in the 'student area' and jump into a world of career exploration and self-awareness.

YR 9s 'MORRISBY' CAREER INSIGHTS

Over the past two weeks 150 yr 9s have had 'one on one' sessions with a Careers Practitioner to go over the careers profiling completed in class earlier this year. Morrisby is a self-discovery careers tool which helps students understand the sort of study and careers options that will best suit them. It recommends study pathways and gives subject ideas based on students' strengths, interests and personalities. A booklet of individual Morrisby results will be coming home early next term which we encourage families to use for candid and motivating discussions at home. Any student that has not completed their online profiling will not have had an interview. There will have another opportunity in term 2.

YR 10 WORK EXPERIENCE

Who remembers their own work experience? I know I do!

Work experience is an invaluable career tool that influences us all, with statistics connecting work experience in high school and employability. Information on opt-in work experience as part of Year 10 went out this week. Students can experience working life in a short-term placement providing insights into a certain industry, and the workplace. Please note this can only be done during school holidays.

THE PROCESS:

1. If students are interested, please return the preference form to the front office or Careers Office by the end of term.
2. In term 2 we will seek parental permissions and payment via Compass.
3. Placements will be made for term 2 or 3 holidays, and students will be allocated an employer, dates, and times.



TERM 1 IN KALAY ACADEMY

The Kalay Academy girls had their Yr 7 induction excursion on Wednesday the 10th of March to Bounce in Geelong. With 10 new Yr 7s joining Warrnambool College in 2021 it was a great opportunity for them to get to know and spend the day with the Yr 8-10 Kalay Academy girls.

On Thursday the 18th of March, a group of girls walked to Lake Pertobe to join Kirrae Health Service with their Closing the Gap Day walk. All up the girls walked over 8kms — on a really warm day! Well done to those girls.

Well done also to Yr 11 student Jaynaya Miller on being selected as part of the Merri Student Leadership Team and also being awarded a 2021 Marrung Education Scholarship.





A BUSY TERM FOR CLONTARF

It has been great to kick off 2021 with a sense of normality again with the boys enjoying the opportunity to again undertake a range of activities in and around Warrnambool and the South West.

During week 3, our Yr 11 and 12 boys attended a Leadership Camp in Melbourne designed to link up with senior members of other Victorian academies, participating in leadership workshops and signing a pledge to complete year 12. Week 4 saw the influx of new Yr 7 boys attend an induction camp in Torquay which is always a highlight to commence the year, and a fantastic way for the boys to understand more about Clontarf, and the expectations of academy staff.

The Clontarf boys have also assisted West Warrnambool Primary School on a weekly basis with their PE program, have packed firewood at Warrnambool and District Foodshare, received some engaging presentations from Bethany Community Services on the links between gaming and gambling, played football against Kings College in the 'Green Laces Muscular Dystrophy Awareness' game and collected rubbish at Levy's Beach with Day Break Rotary as part of 'Clean Up Australia Day'.

In addition to these activities, we have had great numbers at our Clontarf morning training sessions, where the boys have experienced boxing, circuit training, played footy/basketball, cardio tennis and general fitness sessions aimed at improving their overall physical activity levels and health and wellbeing. The boys should be commended for their efforts and commitment to morning training so far this year, and it was fantastic to see some teaching staff along to our recent cardio tennis session.

To round out the term, several boys will attend the 2021 Clontarf Victorian Football Carnival in Melbourne and Bendigo in week 10, which promises to be a terrific way to cap a jam-packed term in the Warrnambool Clontarf Academy.





Luke McNerney

Warrnambool College would like to sincerely thank and extend our gratitude to Luke McNerney for his commitment to the Clontarf Academy since 2014.

With many fantastic initiatives and activities set up to support and develop many Clontarf boys over the years, Luke has been an inspiration.

We wish Luke and his family all the best in his new position with the Clontarf Foundation as the Academy Director at Townsville State High school in Townsville.



CLONTARF v KINGS FOOTY

The game between Clontarf and Kings has been going on for some time and is always played in great spirits and with a friendly atmosphere. The past two matches have been dedicated to raising awareness for Muscular Dystrophy and boys from both teams have worn green laces to support the cause. Before each match, the boys are briefed on MD and the impacts that the debilitating disease can have on young men and women. The discussion gives the boys a sense of gratitude and appreciation that they're fit and healthy and able to enjoy the many benefits of sport and physical activity on overall health and wellbeing when this isn't always the case.





OURSCHOOL PROGRAM

Warrnambool College is a member of Ourschool again this year, a great program aimed at helping state secondary schools harness the expertise of their alumni. Being a part of this program provides the college with access to Industry Insights, informative and inspirational sessions which can be shown in class to students.

These sessions involve former Alumni connected to the Ourschool Program from other government secondary schools. Alumni are interviewed about their time at school, their study path and their careers. The sessions objectives are to broaden students thinking about different pathways into particular industries, to learn about the qualifications required, and the wide diversity of jobs available within different industries. With a broad spectrum of experiences they are very worthwhile sessions for students.

The next Industry Insight session relates to the Law industry (date to be confirmed).

We are always looking for Warrnambool College Alumni to share their stories and experiences with students and the college community.

If you or someone you know has made significant contributions within their chosen profession and would be a valuable source of information and inspiration to our current students please contact Lauren Niklaus our Alumni Coordinator on 5564 4444.

ALUMNI CATCH UP

All past students are invited to come along to the School Football & Netball on Wednesday 21st April, at the Merrivale Oval from 4:00pm onwards. A fantastic opportunity to cheer and support our students and to catch up with some past classmates and peers from Warrnambool College, Brauer College and Emmanuel College. Footballers will play two 15-minute halves and the Netballers four 10-minute quarters.





PEERS®

A Social Skills Group For Adolescents

PEERS® for adolescents discusses skills such as:

- Finding common interests by trading information
- Initiating and maintaining conversations
- Addressing bullying & rejection
- Handling rumours & gossip
- Making phone calls to friends
- Choosing appropriate friends
- Managing disagreements
- Using appropriate conversation skills

PEERS® MAY BE APPROPRIATE FOR TEENS WITH:

- Autism Spectrum Disorder
- ADHD
- Anxiety
- Social & communication challenges

PEERS® is for any teens who may have trouble reading social cues, navigating difficult social situations or who might benefit from additional coaching and support with peer interactions

PEERS® for Adolescents is a 16-week evidence-based social skills intervention for motivated teens (13-18 years) who are interested in learning new ways of making and keeping friends. This internationally acclaimed program was developed at UCLA and is used in over 35 countries.

During each group session, teens are taught important skills and are given the opportunity to practice these skills in sessions during the socialisation activities.

Each group is facilitated by Nicole Kew, a qualified private Speech Pathologist with over 25 years of experience conducting group-based intervention programs. Nicole is a PEERS® Adolescent Certified Clinician.

Neuro Speech Connections is excited to offer the PEERS® program for the first time in South West Victoria. Enrolment is limited to 6 participants per group and weekly attendance is required.

When

- Group sessions are Thursdays 3.45-5pm
- 16 weeks (20/4/21 - 16/9/21) excluding 1/7 & 8/7 due to school holidays

Cost

- \$100.00 per 75-minute group session (includes all preparation, course materials & session notes)
- \$190.00 per 1-hour individual session (includes assessment, goal setting & written reports)

Program Includes:

- Pre program - 1 hour individual intake appointment including assessment & goal setting
- 16 weeks of group therapy
- 1 hour individual session at the end of the program with parent & teen including a written summary of each teens progress & outcomes

Please contact Nicole Kew on 0438 613534 or via email for more information

SOCIAL C's

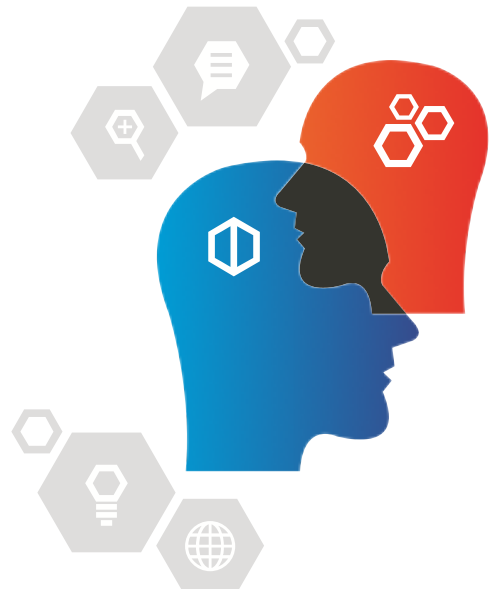
An intensive social skills program for adolescents

SOCIAL C'S is a 4-day intensive social skills intervention for motivated teens (13-18 years) who are interested in learning new ways of making and keeping friends. This program is based primarily on the evidence based PEERS® social skills program developed by UCLA and incorporates components of the Social Thinking® framework.

During each group session, teens are taught important skills and have the opportunity to practice these skills during socialisation activities.

All group sessions are facilitated by Nicole Kew, a qualified private Speech Pathologist with over 25 years of experience conducting group-based intervention programs.

Nicole is a PEERS® Adolescent Certified Clinician.



Dates: April 13-16th, 2021
 Time: 10-12pm
 Cost: \$800
 Program cost includes :
 - 4x2 hour group sessions
 - 1x1 hour individual session
 - course materials, preparation & summary reports



SOCIAL C'S is for any teens who may have trouble reading social cues, navigating difficult social situations or who might benefit from additional coaching and support with peer interactions.



SOCIAL COGNITION
 Understanding the social world:
 - perspective taking
 - problem solving
 - being flexible
 - emotional regulation



SOCIAL COMMUNICATION
 Verbal & non verbal skills:
 - use of humour
 - handling disagreements
 - body language
 - using electronic communication



CONVERSATION SKILLS
 - how to trade information
 - conversation starters
 - how to maintain a conversation
 - topic maintenance
 - turn taking



CREATING CONNECTIONS
 SOCIAL C's helps teens with social challenges put these social skills into practise to learn how to establish, develop and maintain friendships

For more information, contact Nicole Kew on 0438 613534 or nicole@neurospeechconnections.com



P:0438 613534

nicole@neurospeechconnections.com

www.neurospeechconnections.com



Quality second hand goods
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Sausage
sizzle, Fresha
Juice &
C U Latte

BYO
BAG &
CASH

Warrnambool Tooram Scouts

Easter

SATURDAY FETE

Kids lucky
dip and
catapult
challenge

Easter Basket Raffle drawn on the day

10:00 – 2:00

Scout River Hall
Scoborio Reserve
Off Otway Rd, Warrnambool

APRIL

3rd



All funds raised will help send Warrnambool Tooram Scouts to VicJam