

# 2025



# WARRNAMBOOL COLLEGE NEWSLETTER

Persistence, Resilience & Mutual Respect

/ EDITION #2



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## PRINCIPAL MESSAGE

After a very busy February and March, it's great to look back at the term that has been and reflect on all that we have achieved at Warrnambool College. February served up some great weather for our swimming sports and Year 7 camp to Halls Gap – it was a privilege to join in for each of these and witness the smiles, laughter and fun had by all. And in March we've had Parent Student Teacher conferences, Open Night and Athletics Sports to further celebrate in student learning and effort in and out of the classroom. It was fantastic to see so many parents and carers at each of these events – the journey of learning at secondary school is a partnership between school and home and I thank you for taking up the invitation and opportunity to join us at school when you can.

The Assistant Principal newsletter report contains details for accurate absence recording when your child isn't able to be at school. Please read through this and if you have any questions, contact the school so we can support you. It's been really pleasing to note that school attendance during term 1 has improved this year when compared to 2024. Our NAPLAN testing attendance for year 7s and 9s increased by over 10% this year – a remarkable achievement and a sincere thanks to all families for supporting your child through this time as we engaged in this important assessment process.

Grafton Rd, Warrnambool VIC 3280 T: 5564 4444 email: [warrnambool.co@education.vic.gov.au](mailto:warrnambool.co@education.vic.gov.au) [www.wbllcoll.vic.edu.au](http://www.wbllcoll.vic.edu.au)

Contact information: School Principal: David Clift T: 5564 4444 E: [david.clift@education.vic.gov.au](mailto:david.clift@education.vic.gov.au)

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Dave Clift  
Principal

As we head into the cooler times of the year, student illness can increase. Please be mindful of ensuring that students stay home when they are unwell, but encourage them to return to school as soon as they are feeling better – we will support students to catch up on any work they may have missed and obviously this is easier when the period of absence is minimised. We also want to see students' smiling faces at school for each and every day that they are well!

During open night, I indicated to our prospective parents that, following a significant review over the past 12 months, we will be moving to a year level support structure at Warrnambool College in 2026. Our house system has served us incredibly well over the past 14 years. As we move forward though, our review has taken into consideration the growing student desire since COVID to be supported within aged-based peer groups. Students in year 7 often gravitate towards other students in year 7, in the same way that year 12 students work, learn and socialise largely towards other year 12s. While our houses will remain and provide avenues for students to compete in sporting-based endeavours, students will largely find their sense of belonging within their age group, ably supported by year level leaders, home group teachers and sub-school education support staff who will be able to bring focused expertise to each year level as students' progress through school. Regular year level assemblies will recognise and celebrate student achievements whilst supporting our students to engage in cross curricular learning with guest speakers that can target messages that are age appropriate. Students will still have many opportunities to learn alongside peers in other year levels through our extensive academies program, dramatic arts performances, instrumental music and band program and sporting events amongst other things. Students will be able to flex their leadership muscles as part of our year level student leaders teams. We're also looking forward to establishing more age based rites of passage rituals to support students as they journey towards adulthood. I'm incredibly excited about the possibilities that this change affords to our students and our school – as more specific information is available I will ensure this is provided to you in the coming months.

I wish you a restful and safe school holidays – I hope you're able to spend good quality time together with family and friends and come back refreshed for the great learning that's ahead in term 2.

**Dave Clift** - Principal



EMMA VESEY  
Assistant Principal



**Term 1 has been a busy term across the school. There has been many opportunities for students to be involved in events and be a part of our school community.**

## **NAPLAN**

Our Years 7 and 9 students completed 1143 NAPLAN tests over five days. This was a significant achievement for our students and we are very proud of the way they applied themselves under test conditions, met the behaviour expectations of each session and showed mutual respect to staff and students during the tests. We thank our parents for their support in ensuring students attended with charged devices and ready to complete the tests. We look forward to sharing the student's results later in the year when they are released.

## **OPEN NIGHT**

We are very proud of our school and on Monday 24th we held our Open Night for prospective Grade 6 families to see our school and find out more about who we are. The night was supported by staff and many of our student leaders as well as music students. We ran school tours, come and try sessions and a Principal's Address. We will continue to offer school tours in the coming weeks prior to enrolments closing on the 9th May. If you or anyone you know was unable to attend or would like another tour, or just have questions about enrolling at Warrnambool College, then please contact our Administration Team on 5564 4444.

**Term 1 concludes on Friday, April 4th, with an early dismissal at 2:30pm. Please note that Period 6 will not take place.**



## **PARENT/STUDENT/TEACHER INTERVIEWS**

It was wonderful to see so many of our families taking advantage of the opportunity to engage with their student's classroom teachers during the face-to-face conferences on the 19th March. Please ensure you read the Compass Pulse emails that come out two weeks prior to each cycle report. **The next Pulse email will be sent on Thursday 2nd April.** This information will help you to support your student to keep on track with their learning and assessment tasks.

**Cycle #2 reports will be published on the 16th May.**

**Parent/Student/Teacher interviews will be online on the 27th May.**

# ATTENDANCE



**Our College goal for 2025 is for all students in years 7-12 to have an attendance rate greater than 85%.**

A student missing three days will drop below this rate. If a student is away for illness and returns to school attending 100% of the time, they will rise above the 85% again, however students who have extended or ongoing absences will find it difficult to lift their overall attendance rate. Currently 68% of our students have an attendance rate of greater than 80%.

To improve our attendance, families and school need to work together and students need to attend school. Generally, we have one day each term when your child is not required at school.

We will clearly communicate with families when we have these days, so families should assume that if you have not read or heard about your child not being required at school, they should attend. We encourage you to look at the Pulse email on 3rd April to see your child's attendance rate.

**Please refer to the Reasons for Absence table below to help you to select the correct code when entering an absence note on Compass for your child.**

If the reason your child is absent is not on this list, we encourage you to contact your House and discuss the reason so we can ensure appropriate supports are in place.

If you cannot log into Compass, please contact Admin on 5564 4444 to reset your password.

## REASONS FOR ABSENCE

Medical/Illness	<ul style="list-style-type: none"> <li>• Student is at home with a cold or is unwell with COVID-19.</li> <li>• Student has been sent home from school unwell.</li> <li>• Student has been injured during class and is sent home.</li> <li>• Student is in hospital.</li> <li>• Student has a chronic health condition or pain</li> </ul>
Medical Appointment	<ul style="list-style-type: none"> <li>• Student is attending an appointment with a doctor or medical specialist.</li> <li>• Student has a dental appointment.</li> <li>• Student has an allied health appointment</li> <li>• Other medical appointments.</li> </ul>
Bereavement	<ul style="list-style-type: none"> <li>• Student is attending a funeral.</li> <li>• Student is away due to the death of a friend or family member.</li> </ul>
Truancy	<ul style="list-style-type: none"> <li>• Parent is aware of absence but does not approve.</li> <li>• Parent does not know about the absence and believes the student went to school, but they went elsewhere.</li> </ul>
Parent Choice	<ul style="list-style-type: none"> <li>• The parent has chosen to keep their child home from school, they are not sick or attending an appointment.</li> <li>• The student is absent due to attending an event that is not school related, or is on a 1-2 day family holiday.</li> <li>• Parent is concerned about COVID exposure at school and decides to keep the student at home.</li> </ul>
Family Holiday	<ul style="list-style-type: none"> <li>• The parent has notified the school, that the student will be absent for an extended period of time due to a family holiday (more than 1-2 days).</li> </ul>
Religious/Cultural Observance	<ul style="list-style-type: none"> <li>• The student is not attending school due to religious or cultural observance.</li> </ul>



## KEY DATES



For updated events & dates please see the College calendar via Compass or the College website:  
[www.wbllcoll.vic.edu.au](http://www.wbllcoll.vic.edu.au)

### TERM 1

#### TUESDAY APRIL 1

- VCE Information Night

#### WEDNESDAY APRIL 2

- WD Athletics
- Open Mic

#### THURSDAY APRIL 3

- Pulse email

#### FRIDAY APRIL 4

- Term 1 ends  
2:30pm finish

### TERM 2

#### MONDAY APRIL 21

- Easter Monday

#### TUESDAY APRIL 22

- Term 2 commences

#### FRIDAY APRIL 25

- ANZAC Day Holiday

#### MONDAY APRIL 28

- Cross Country

#### THURSDAY MAY 1

- May Races Holiday
- State Swimming

#### FRIDAY MAY 2

- Pulse email

#### MONDAY MAY 5

- WD Cross Country
- SEAL & SPP Info Session

#### FRIDAY MAY 16

- Logans Celebration Day
- Reports #2

## COLLECTING STUDENTS FROM CLASS

Please ensure you have an approved entry in Compass if you need to collect your child during the school day for an appointment. Use the code - **Appointment** - if you are removing a student to attend an appointment, or - **Medical/illness** - if they are being removed due to being sick. Teachers will only release students when they see this approval in their roll.

To minimise disruptions to the learning environment, our administrative staff do not call or interrupt classes unless it is an emergency.



## COUNTRY BUSES

Please note country buses will be running from the earlier time of 2:30pm on the last day of term 1, Friday 4th April.

# SWIMMING CARNIVAL

*A day of fun activities, vibrant colour, teamwork and enthusiastic participation.*



Our much-anticipated Swimming Carnival took place in February, and it was a day filled with thrilling races, House spirit, and endless fun. Students arrived in a sea of vibrant House colours, ready to showcase their swimming skills, cheer for their peers, and take part in a variety of exciting novelty events.

The competition in the pool was fierce, with students giving their all in various swimming events, including freestyle, backstroke, breaststroke, and butterfly. All events saw impressive participation across all year levels with the relay races bringing intense House rivalries to the forefront, with teams pushing themselves to secure valuable House points.

Beyond the competitive races, the carnival featured a range of novelty events that kept the energy high and provided plenty of laughs. The Tug-of-war saw teams from each House battle it out in a test of strength and teamwork. The limbo challenge was again a crowd favourite, with students twisting and bending to see who could go the lowest. There was lots of fun and soaked participants in the fill the bucket relay and we had some wonderfully colourful entrants in the best dress-up competition.

One of the standout moments of the day was the traditional Year 12 lap of honour, where our senior students took to the pool for their rite of passage, singing and celebrating their final Swimming Carnival. Throughout the day, the atmosphere was electric, with students supporting their peers, enjoying friendly competition, and making memories.

Congratulations to all our participants for their enthusiasm and effort, with special mention to the 41 students who went on to represent Warrnambool College at the WD Swimming event. Thank you to all staff and students for making the 2025 Swimming Carnival an unforgettable day. We can't wait to do it all again next year!

# ATHLETICS CARNIVAL

*Colour, athleticism, broken records, and plenty of Warrnambool College spirit!*



Our Athletics Carnival was held last week at Brauerander Park on a perfect March day. As students gathered on the track, dressed proudly in their House colours, the spirit of friendly competition was evident throughout the day. Enthusiasm ran high as students eagerly participated in a variety of track and field events, showcasing their athletic abilities and determination.

We had outstanding participation across all events, with multiple heats in the sprint and distance races, and impressive performances in the jumping and throwing events. Teachers and officials were kept busy recording results and measuring the efforts of our talented students.

**Congratulations to Belfast who took out House Champions for the day**, followed by Logans - 2nd, Merri - 3rd, Childers - 4th, Hopkins - 5th and Flagstaff. Congratulations also to our Year level champions:

12-13 girls	<b>Zarli Best</b>	12-13 boys	<b>Henry Dart</b>
14 girls	<b>Beatrix Clift</b>	14 boys	<b>Perry Watson</b>
15 girls	<b>Sophie Burrows</b>	15 boys	<b>Andy Walz</b>
16 girls	<b>Hollie Whelan</b>	16 boys	<b>Dylan Delaney</b>
17 girls	<b>Edith Stretch</b>	17 boys	<b>Ryli Hall</b>
18-20 girls	<b>Bryanna Willie</b>	18-20 boys	<b>Deny Fawcett</b>

Special mention to: **Quinn Hussey** with a new record in the 12-13 high jump, clearing 1.72cm, beating the record set in 1994 by 21cm! **Andy Walz** ran 4:48.60 in the boys 15 years 1500m beating the record set in 2016 by 2.36 sec. and **Kota Randall Reid, Farron Urrutia, Jack Creece** and **Austin Basnet** for their record in the boys 18-20 years 4x100m relay beating the 2012 record by 0.39 of a second.

A huge congratulations to all students who competed, cheered for their teammates, and contributed to making the day a fun and memorable experience.



BELFAST

CELEBRATION DAY  
DRESS AS YOUR IDOL

**Our first Philanthropic Day for the year saw students and staff dressing up as their personal idols! Belfast Student Leaders chose to continue proudly supporting the Gillin Boys Foundation this year.**

Last Friday boasted:

- A bake sale full of home-cooked goods, generously prepared by Belfast families,
- A sausage sizzle that kept bellies full and brains ticking,
- A prize wall full of donations from local businesses, including restaurant vouchers, signed shirts, fidget toys, and so much more,
- And a staff and parent raffle comprised of local goods from local businesses.

Student leaders worked hard in the weeks leading up to Belfast Celebration Day and even harder on the day to raise as much money and awareness as possible for a very worthy cause.

Belfast thanks the staff, students, families and the wider Warrnambool community for supporting what was an incredible day for Belfast Student Leaders and The Gillin Boys Foundation.

Be Bold, Be Brave, Be Belfast







## LOGANS

**Logans students have had a great first term filled with learning, College and interschool sports and extra-curricular activities.**

Congratulations to our swimmers who participated in the Greater Western Region (GWR) Swimming Sports in Horsham on March 26.

Well done to Thomas Dufty who was named 15 years age champion. Thomas won the 200 metre freestyle and 50m breaststroke and came second in the 100m freestyle and 50m freestyle.

Both Thomas and Andy Walz swam in the winning 200m freestyle relay, so too did Beau Turner who was in the winning 18-20 years 4x50m freestyle relay and 4x50m medley relay. Beau, Andy and Thomas qualified for the SSV state championships on May 1. We wish them good luck!

Beau Turner excelled at our College Swimming Carnival - not only did he win the College 17 years age champion but he swam the entire 4x50 metre freestyle relay by himself and still won the event for the Logans House! Cooper Karcew (14 years) and Thomas Dufty (15 years) were also age champions.



## WESTERN DISTRICT FOODSHARE

Congratulations also go to our College Athletic Carnival age champions Hollie Whelan (16 years), Andy Walz (15 years) champion and Perry Watson (14 years).

We're so proud of ALL Logans students who competed in the College carnivals. These combined efforts saw Logans finish second in athletics and third in swimming. Great work!

We're looking forward to the **Logans House Celebration Day on May 16** where we dress up as our favourite movie or television character and raise money for Western District Food Share. As part of our charity partnership, we're collecting non-perishable food in May and welcome donations from the College community. In demand items include breakfast cereals, spreads, cooking oils, long-life milk, tea and coffee but all donations will be gratefully received.

We're looking forward to an equally exciting and busy Term 2.

**Live, Laugh, Learn, Logans!**

### SCHOOL BREAKFAST CLUBS PROGRAM



### Warrnambool College Breakfast Club

Join us every Monday at 8:20am outside the Wellbeing Room for a delicious start to your day!

We'll be serving FREE toast, toasties, cereal, and snacks for all students. It's the perfect way to fuel up before school. See you there!



# STUDENT ACHIEVEMENTS

Warrnambool College students exploring scientific, artistic & athletic endeavours.



## SCIENCE IN ACTION

Year 8 students conducted an experiment to test the effectiveness of double glazing, and their results were clear—double glazing significantly reduces heat transfer, confirming its insulating benefits. Through careful data collection and analysis, students observed lower heat loss in double-glazed setups compared to single-glazed alternatives. The Year 9 SEAL class engaged in a fascinating chemistry experiment, 'Identifying Ions in Unknown Salts.' Using various chemical tests, they successfully determined the composition of mystery substances, applying their analytical skills and deepening their understanding of ionic compounds. Both experiments showcased students' hands-on learning and scientific inquiry in action.

## UP IN LIGHTS ART EXHIBITION

We are incredibly proud of two talented student artists who have been selected to showcase their artworks in the Warrnambool FReeZA 2025 Up in Lights Art Exhibition.

Year 9 student **Gracie Hough** used acrylic paints for her evocative piece *Sacred Garden*, while Year 11 student **Ashlinn Sinclair** submitted her stunning painting *Forza Ferrari*, drawing inspiration from her passion for Formula 1 racing.

Selected artworks will be displayed in the Up in Lights art lightboxes on Timor Walk—where they will be illuminated for an entire year! The official exhibition opening will take place on Thursday, April 24th, at 6:00 pm on Timor Walk, and we invite everyone to come and celebrate the creativity of these young artists. Congratulations to all those selected!





## ELITE SWIMMERS MAKING WAVES IN COMPETITION

Ten talented swimmers from Warrnambool College recently competed at the Greater Western Region Swimming Competition, demonstrating exceptional speed, skill, and determination in the pool. Their hard work and dedication were on full display as they delivered outstanding performances, achieving impressive results against top regional competitors.

### Lily Goodman

1st - 100 fly  
1st - 400 free  
2nd - 200 IM  
2nd - 50 fly  
3rd - 50 free

### Charlie Gleeson

1st - 50 breast  
1st - 200 medley relay  
2nd - 100 Breast

18-20 years 4x50m freestyle relay - 1st

18-20 years 4x50m medley relay - 1st

**Deny Fawcett, Beau Turner, Charlie Gleeson, and Oscar Woithe**

Boys 15 years 4x50m freestyle relay - 1st

**Hugh Fawcett, Thomas Dufty, Andy Walz, and Jameson Chuck**

### Ned Shaw

2nd - 50 back

### Thomas Dufty

1st - 200 free  
1st - 50 breast  
2nd - 100 free  
2nd - 50 free  
1st - 200 free relay



**Lily Goodman** also recently competed at the Tasmanian State Championships, delivering an outstanding performance. She secured a silver medal in the 14/15-year-old girls 100m butterfly and achieved

a remarkable 2.6-second personal best in the event, earning her qualification for the National Swimming Championships in Brisbane this April. A phenomenal achievement—congratulations Lily!



# Warrnambool College Uniform

## SHIRTS & POLOS

- White polo shirt w/ College logo  
- long or short sleeve
- Navy-blue polo shirt w/ College logo
- Navy-blue & green Sports polo w/ College logo

*Students may wear a plain white or navy-blue long sleeve top under their polo/jumper.*

## PANTS/SHORTS

- Plain navy-blue track pants (no large logos)
- Navy-blue track pants w/ College logo
- Navy-blue & green Sports shorts w/ College logo
- Plain navy-blue shorts (no large logos)
- Dark grey melange trousers
- Dark grey melange shorts

*No skins/leggings or grey/black tracksuits or yoga pants are permitted.*

## SKIRT/DRESS

- Green, blue & white checked pleated skirt
- Navy-blue & white check fabric dress

## SKORTS

- Plain navy-blue skorts (no large logos)

## OUTERWEAR

- Striped rugby jumper w/ College logo
- Navy-blue soft-shell jacket w/ College logo (optional)
- Navy-blue puffer jacket w/ College logo (optional)

*Black or non-school jackets/hooded jumpers are not permitted.*

## SHOES

- Traditional black leather polishable shoes
- Appropriate runners may also be worn

## HATS

- Warrnambool College bucket hat
- Warrnambool College beanie

*Peaked caps are not permitted.*

## SCARF

- Navy blue, white or green scarf

## SPP UNIFORM

We strongly encourage you to purchase a minimum of the following items:

### SHIRTS/POLOS

- 1 x SPP Dress polo (to be worn to school and to formal events)
- 2 x SPP Training tops

*Students may wear a plain white or navy-blue long sleeve top under their polo/jumper.*

### PANTS/SHORTS

- Plain navy-blue track pants (no large logos)
- Navy-blue track pants w/ College logo
- Navy-blue & green Sports shorts w/ inner compression & College logo

*No skins/leggings or grey/black tracksuits or yoga pants are permitted.*

### OUTERWEAR

- As per Warrnambool College uniform outlined above.

*Black or non-school jackets/hooded jumpers are not permitted.*



# 2025 CANTEEN MENU



**DAILY SPECIALS**  
500ml container  
**\$7.50**

**GF** Gluten Free  
**GFA** Gluten free available (*let our staff know*)  
**DF** Dairy Free  
**V** Vegetarian *Vegan options on request.*

## SANDWICHES

(GF available on request)

Cheese & Tomato (V)	\$4.50
Ham & Cheese	\$5.00
Ham, Cheese & Tomato	\$5.50
Chicken & Cheese	\$5.00
Egg & Lettuce (V)	\$5.00
Chicken Salad	\$7.00
Ham Salad	\$7.00
Salad (V)	\$6.00

Gluten free available - add 50c  
sandwich extras - add 70c

## DRINKS

Water	\$2.50
Flavoured water	\$4.50
Gatorade	\$5.50
Nippy flavoured milk	\$4.50
Juice	\$5.00
Soft Drink - bottle	\$5.50
- can	\$3.50
Up & Go	\$4.50
Iced tea/ Kombucha	\$5.50
Iced: Latte/Long Black/Chai	\$6.00

Alternative milk/ extra shot 70c

## SALAD

Fruit Salad (GF, V, DF)	\$6.00
Caesar (add chicken + \$1)	\$7.00
Falafel Salad (GF, V)	\$8.00

## WRAPS

Sweet Chilli Chicken	\$8.00
Ham Salad	\$8.00
Chicken Salad	\$8.00
Falafel (V)	\$8.00

## ROLLS

Salad (V)	\$7.00
Ham & Salad	\$7.00
Chicken & Salad	\$7.00

## BURGERS

Chicken Schnitzel	\$8.00
Chicken Parma	\$8.00
Beef Burger	\$8.00

## HOT FOOD

Chicken Tender Sweet Chilli	\$2.00
Hot Dog (sauce extra)	\$5.50
Dim Sim	\$2.00
Potato Cake	\$2.00
Wedges (V) (sauces extra)	\$5.50
Bowl of Noodles (GFA, V)	\$4.50
Sausage Roll	\$5.00
Pie	\$6.00
Pizza	\$5.00

## FOCCACCIA (Toasted)

Chicken Parma	\$8.00
Roast Vegetable	\$8.00
Sweet Chilli Chicken	\$8.00
Italian Salami	\$8.00
Chicken Avocado	\$8.00

## SNACKS

Popcorn	\$2.00
Assorted Slices	\$4.50
Muffin	\$4.00
Cookie/Rumballs	\$3.00
Mentos/Zappos	from \$2.50
Potato Chips	\$3.00
Frog in Pond	\$3.00



## BREAKFAST BEFORE 9am

Fruit Salad (GF, V, DF)	\$6.00
Granola Cup (GF, V)	\$7.00
Muffin	\$4.00
Yogurt Pouch (GF)	\$4.00
Hash Brown (2) (GF, V, DF)	\$2.00
Bacon, Egg & Cheese Muffin	\$5.00
Jaffles	\$6.00
Bacon, Egg & Cheese Wrap	\$6.50
Crossiant - Ham & Cheese	\$5.00



## ICE-CREAMS

Zooper Dooper	\$100
Snap Stix	\$1.50
TNT	\$1.50
Calipo Mini	\$2.50
Icy Twist	\$2.50
Paddle Pop	\$3.50
Twister	\$3.00
Frozen Yoghurt (Strawb'y/Mango)	\$3.50
Splice	\$4.50

## HOT DRINKS

Coffee		
Tea		
Hot Chocolate		
Chai		
	<b>Small</b>	<b>Large</b>
	<b>\$4.50</b>	<b>\$5.00</b>

Alternative milk/ extra shot 70c  
Marshmallows extra 50c



*Stars*  
Foundation  
**LAUNDRY**  
*Service*



**DISCRETE**

**FREE**

## **CLOTHING WASHING**

**SCHOOL  
ITEMS ONLY**

- Registered Stars Only
- Monday- Friday
- Washing & Fold
- Items must be labelled

Dominique De Bono

dominique.debono@education  
.vic.gov.au

0429 005 875



**Stars**  
Foundation

# Clothing Giveaway

## Warrnambool College

We have a clothing giveaway available for all Stars girls! This is a great opportunity to grab some good-quality clothes that might be useful for school, outings, or everyday wear.

Please be mindful when selecting items—only take what you need so that everyone has the chance to benefit. Let's share with respect and consideration for each other.

If you're in need of any specific clothing items, have a chat with Stars staff—we're here to help!

### Donations Welcome

[dominique.debono@education.vic.gov.au](mailto:dominique.debono@education.vic.gov.au)

[tanya.knowles@education.vic.gov.au](mailto:tanya.knowles@education.vic.gov.au)



# BUSY CULTURE IS ROBBING US OF WELLBEING

Simmo & his 3 kids are caravanning Oz to save 100,000 lives & improve the wellbeing of Aussies.



Choose small acts that matter (for your wellbeing & your community):

Book a blood/plasma donation today, encourage others  
& join our Lifeblood team: BLOODY GOOD HUMANS

## Follow The Mission & Get Involved



@thebloodygoodtour

[www.thebloodygoodtour.com.au](http://www.thebloodygoodtour.com.au)



# 2025 Youth Mental Health Roadshow

Featuring Dr. Michael Carr-Gregg



Join Dr Michael Carr-Gregg, one of Australia's leading child and adolescent psychologists, for a presentation on youth mental health. His invaluable insights will equip parents and caregivers with practical strategies to support youth wellbeing build resilience, and navigate the challenges young people face today.

Topics will include:

- Nurturing growth and development
- The stages of adolescence
- Understanding key milestones
- Tips for effective communication
- Tips for thriving in school
- Strategies to help with anxiety
- Building resilience
- Trauma and recovery

Monday 5 May, 2025

Parent & Carer  
Information Evening

 7 pm - 8 pm

 The Lighthouse Theatre  
185 Timor St, Warrnambool

Suitable for: Parents, grandparents  
and caregivers supporting school  
aged young people.

FREE EVENT  
Registration is essential.



Proudly supported by:



Warrnambool  
**YOUTH**  
ENVIRONMENT  
ENVIRONMENT  
ENVIRONMENT  
**SUMMIT**  
2nd-4th MAY  
Save the date!

**ARE YOU PASSIONATE  
ABOUT NATURE,  
SUSTAINABILITY, &  
TAKING ACTION ON  
CLIMATE CHANGE?**

The Youth Environment Summit is your chance to connect with like-minded young people, hear from inspiring speakers and take part in hands-on workshops that make a real impact.

**Don't miss out—be part of  
the movement for a greener  
future!**

Register your interest here and have your voice heard. We will send you the full program and registration details in the coming weeks! If you have any questions, please reach out via email ([lbrown@warrnambool.vic.gov.au](mailto:lbrown@warrnambool.vic.gov.au)) or phone (0409 449 556).

# ACKNOWLEDGEMENT OF



Warrnambool  
COLLEGE

# Country

We, the staff and students of Warrnambool College, acknowledge that we are learning on the traditional lands of the Peek Whurrong people of the Maar Nation.

We pay our deepest respects to their Elders; past, present and emerging and to their continuing connection to the lands and waterways.

We also extend that respect to all other Aboriginal and Torres Strait Islander people who gather here.

We stand side by side with our First Nations people and commit to building a brighter future together.



Artwork by Hannah O'Brien. This artwork was created as part of the Indigenous Perspectives Project. Thanks to Mel Steffensen author of our new Acknowledgment to Country.